



Hibiscus
SPA

MASSAGES

Full Session: 50min

Deluxe Session: 80min

Hibiscus Signature Massage

A combination therapeutic massage incorporating herbal hot packs, intended to relieve problem areas and relax the mind.

Deep Tissue Massage

This massage focuses on problem areas working on deeper layers of muscle and connective tissue. Ideal for issues of chronic pain.

Mother to Be Massage

Designed to alleviate leg, hip, and lower back pressure caused by your body's normal adjustments to pregnancy. This massage improves circulation and soothes tired muscles. *2nd & 3rd Trimesters Only.*

Hot Stone Massage

An 80 minute full body hot stone massage that promotes muscle relaxation.

Couples Massage

A tranquil side by side massage experience shared with a loved one or friend.

Travel Back Massage

A 25 minute massage that concentrates on releasing tension in your neck, back, and shoulders.

Massage add on:

Aromatherapy

Hot stones (neck, back, and shoulders only)

Glorified Hand Massage (25min)

Glorified Food Massage (25min)

Hot Oil Scalp Massage (25min)

FACIALS

Full Session: 50min

Deluxe Session: 80min

Hibiscus Signature Facial

A signature facial that is designed by you and your skin specialist to target your specific needs.

Anti - Aging Facial

A rejuvenating facial that provides pure nutrients for the skin. Includes a mineral derma scrub that will leave your skin with a youthful radiance.

Back Facial

A full back exfoliation to eliminate dead skin cells, impurities, and treat target areas.

Smoothing Facial

A 25 minute facial that includes a mineral derma scrub, which removes dead skin cells leaving the skin smooth and radiant.

Facial add on:

Mineral Derma Scrub

Glycolic Peel

Eye treatment

Lip treatment

Hot Oil Scalp Massage (25min)

Make up Consultation (25min)

Special Occasion Make up (25min and up)

Waxing

BODY TREATMENTS

Full Session: 50min

Body Scrub

A refreshing full body exfoliation under our vichy shower followed by an enriched moisturizing application.

Body Wrap

A rejuvenating body treatment that starts with a light brush exfoliation. Followed by our signature body wrap, vichy shower, and full body moisturizing application.

Body Treatment add on:

Hot Oil Scalp Massage *(25min)*

Glorified Hand Massage *(25min)*

Glorified Foot Massage *(25min)*

TWEEN SPA 12 & Under Only

Session: 25min

Tween Massage

A perfect way to introduce your child to a massage focusing on neck, back and shoulders.
(A bathing suit or under garments are required)

Side by Side Massage

A relaxing side by side massage shared with parent, brother, sister, or best friend.

NAILS

Express Pedicure & Manicure

Renew your hands and feet with a soothing soak, nail care, and polish.

Hibiscus Signature Manicure

Indulge in our signature manicure where you are pampered for 50 minutes. This includes grooming of the nails, exfoliation scrub, soothing mask, warm mitts and hot towels. Followed by a relaxing hand massage and your choice of polish.

Hibiscus Signature Pedicure

A blissful 50 minutes of total pampering and grooming of the feet. This indulging service includes exfoliating scrub, soothing mask, warm mitts and hot towels. Followed by a relaxing foot massage and your choice of polish.

Nail add on:

French polish

Hot Stones

Paraffin

Glorified Hand Massage *(25min)*

Glorified Food Massage *(25min)*

Tween Facial

A mini facial that is designed to introduce the basics of good skincare. This experience includes a cleansing and toning of the skin, a gentle mask, steam, and a facial massage.

Makeup Lesson

Our makeup artist will teach you how to moderately apply makeup that will enhance your natural beauty.

Tween Manicure & Pedicure

This manicure and pedicure includes a soak, exfoliation, massage, and your choice of polish.

PACKAGES

Grand Elite Package

Full Hibiscus Signature Massage
Full Hibiscus Signature Facial
Hibiscus Signature Manicure & Pedicure
Lunch included

Serenity Package

Full Hibiscus Signature Massage
Full Body Treatment or Full Hibiscus Facial

Heaven & Earth

Full Hibiscus Signature Massage
Hot Oil Scalp Massage
Glorified Foot Massage

Couples Packages

After a relaxing couples massage, enjoy a bottle of champagne and a plate of cheese and seasonal fruit in our relaxation area.

Tween Package

Tween Massage
Tween Facial
Tween Manicure & Pedicure

- Light lunch or snack can be added to any treatment or package. Ask your Spa Coordinator for details.
- An additional 20% service charge will be added to each treatment.

Amenities

For your comfort and convenience, we will provide you with a locker, robe, slippers and all you're grooming amenities.

Before your spa treatment

We ask that you arrive no later than 15 minutes before your scheduled appointment time to ensure full service. A health history form is presented at the time of arrival, so we can perform services comfortably, effectively and safe. You will have access to our sauna, steam room, whirlpool, indoor pool, and fitness center for the duration of Hibiscus Spa operating hours on the day of your treatment.

Treatment Suggestions

It is recommend that you avoid treatments involving heat and deep pressure if you are pregnant, have high blood pressure, a heart condition or recent surgeries. It is always advisable to check with your doctor prior to arrival. Prior to a facial it is beneficial to utilize the steam room or sauna and men should shave. Please do not shave 24 hours before an exfoliation treatment. We will make every attempt to honor your requests for male or female therapist; however, we cannot guarantee availability. You will be professionally draped for your treatment, so please feel comfortable to undress completely when change into our robe. The Hibiscus Spa and our guests would like the spa atmosphere to be relaxing and soothing. Please respect the right to privacy and a quiet environment for all guests. Drink plenty of water to keep your body hydrated. Allow at least one hour between your last meal and your treatment. Limit the consumption of coffee or alcohol prior to your spa visit.

Cancellation Policy

If you must cancel or reschedule and appointment, please give a minimum of 6 hour notices as a courtesy to other guest and our therapist. Cancellations with less than 6 hour notice will be billed at 50% of the service. No shows will be billed at the full rate. Packages and groups of four or more must be cancelled 24 hours in advance to avoid be charged in full.

SPA CODE OF CONDUCT

Your rights and responsibilities as a spa guest

Although there are many spas around the world, each offering a unique experience, they are all devoted to enhancing overall well-being through a variety of professional services that encourage the renewal of mind, body, spirit. To enjoy your spa experience to the fullest, observe the Code of Conduct, act responsibly and be aware that common sense and personal awareness can help ensure your satisfaction, comfort and safety, as well as that of others.

As a spa guest, it is your responsibility to:

- Communicate your preferences, expectations and concerns
- Communicate complete and accurate health information and reasons for your visit
- Treat staff and other guests with courtesy and respect
- Use products, equipment and therapies as directed
- Engage in efforts to preserve the environment
- Adhere to the spa's published policies and procedures

As a spa guest, you have the right to:

- A clean, safe and comfortable environment
- Stop a treatment at any time, for any reason
- Be treated with consideration, dignity and respect
- Confidential treatment of your disclosed health information
- Trained staff who respectfully conduct treatments according to treatment
- Protocols and the spa's policies and procedures
- Ask questions about your spa experience
- Information regarding staff training, licensing and certification



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